

# Milton of Campsie Parish Church of Scotland

## Stirling Hall Eco Project - TOP TIPS on Reducing your Travel Carbon Footprint

### *Driving down your fuel costs*

*The best way to reduce your CO<sub>2</sub>e is to drive less. Leave the car at home for shorter journeys; dust off your bicycle or walk instead. You will spend less money on fuel and trim up too. You could also consider public transport options or car-pooling.*

For help with planning journeys or directions, visit the travel line Scotland website: [www.tranlinescotland.com](http://www.tranlinescotland.com) and [www.traineonline.com](http://www.traineonline.com)

The best drivers spend less on fuel. When you do drive, aim for a smoother drive by following these top tips for fuel efficient driving and get more miles from your money. It could save you between **£200 -£300 a year**.

- Avoid excessive speeding. Driving at high speeds greatly increases fuel consumption.
- Anticipate road conditions and you should be able to avoid last minute braking and sharp acceleration
- Check your revs: when accelerating change up gear between 2000 and 2500 rpm.
- Check tyre pressure once a week. Your car uses more fuel if the tyres are under-inflated.
- Plan your journeys to avoid congestion, road works and getting lost.
- When stuck in traffic or waiting for someone, switch off engine to save money and fuel.
- Do you really need all those bit and pieces? Roof racks, bike carriers and roof boxes have big effect on your car's aerodynamics and reduce fuel efficiency. Remember to take heavy items like golf clubs or toolkits out of your boot.
- ***In the market for a new Car?*** Think about the size of the engine you need: smaller cars with smaller engine size are generally more fuel efficient so they are more economical to run. Always try to look for the car with the ***lowest emissions (CO<sub>2</sub>)*** that will meet your needs. Look out for the ***fuel economy label on all new cars***. If you have a fuel efficient car that means you save on road tax